



VISUAL STORY FOR A VISIT TO:



Aberdeen Science Centre is open Monday-Sunday from 10:00 am – 4:30 pm

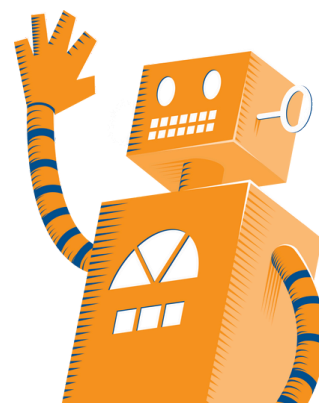
This guide has been provided to make your visit to Aberdeen Science Centre as enjoyable as possible.

If you have any further queries please do not hesitate to contact the team by email or telephone:

[email: info@asc.scot](mailto:info@asc.scot)

[tel: 01224 640340](tel:01224640340)

179 Constitution Street, Aberdeen, AB24 5TU



If you are arriving by car we have a car park located next to the main building. We recommend a £2 donation for using the car park, which can be paid by cash or card at reception.



The car park area has two Electric charging points available and a bike shed with 6 spaces



There are also two designated disability bays, available on a first come, first served basis.

When you arrive at Aberdeen Science Centre you will enter at the front of the building. This can be through the main doors, or by entering through our garden area.



When inside you will be greeted by a member of our team. They will give you an introduction to the centre and let you know about the exciting activities available at the centre that day.



Once you've passed reception, the fun begins! We have over 60 exciting exhibits at the Science Centre, split into 6 different zones. You don't have to do everything and can work your way around at your own pace.

In the Space zone you can look at the earth from space and even design your own alien. The air rocket exhibit is a lot of fun, and the rocket can be quite loud when you launch. You are welcome to cover your ears! We have a sensory box at reception with ear defenders, feel free to ask at reception for more information.



In the Energy Zone you can learn about the different energy stores and meet Robothespian, our very friendly, knowledgeable robot. You can programme him to do different things, and he sings lots of songs!



In the Energy Zone you'll find our OPITO Theatre of Energy. Inside the Theatre, you can watch the 'Story of Energy' show and interact with the Energy wall.

Inside the lights are dimmed and it can be quite noisy. You can leave the theatre at any time if you are not feeling comfortable.



In the Life Sciences Zone you can discover the world of living things, and learn about what is inside you. This is where you will find our oldest exhibit 'the sheep'!



We know that a science centre can be overwhelming at times, that's why we have created a calm and relaxing area designed to help visitors that might be feeling anxious or over stimulated whilst exploring Aberdeen Science Centre.

The space includes dark dens, a weighted lap buddy and a variety of sensory fidgets, light-ups and ear defenders to be used within the space. The Sensory area is located next to the Energy zone on the ground floor.



We have a sensory box filled with fiddle toys and some ear defenders, that you can borrow to take around the centre. If you would like to borrow anything from this box you will be able to collect these from reception.

Unmanned cloakroom with lockers and buggy storage is located next to the Energy Zone on the ground floor.



Our Under 6 Zone is created for our younger scientists and little explorers, however you can still enter the zone if you are over the age of 6. During weekends and school holidays we hold activities or story sessions, suitable for under 6s in this area.



This zone includes building blocks, a train set and optical illusion mirrors.



To go upstairs there is a staircase in the middle of the centre, or you can use the lift at the reception area.



Near the staircase you will see the location of our baby changing facilities.

Upstairs are the Make It and Test It Zones where you can build different things, such as the giant archway and experiment with our wind table exhibit.





In the test it zone there is a accessible toilet.

The main toilet block is downstairs beside the Life Sciences Zone. However there are also several accessible toilets, as well as a changing places room, and you are welcome to use these at any time. Please note: to use the changing places visitors will need to provide their own slings.



Located near to our Life Science zone is our Medical Room. Please ask a member of staff if you require this room.



In addition to the exhibits there are different activities you can take part in if you choose to, as well as science demonstrations. During these demonstrations there may be experiments which are quite loud, but don't worry you will be warned before anything happens and nothing can hurt you.

You can leave the activity at any time if you are not feeling comfortable.



If anything at Aberdeen Science Centre is too loud then you are welcome to put your hands over your ears or take headphones with you to wear.

Aberdeen Science Centre is very exciting so some children may shout or cheer – this is nothing to worry about, that is some children's way of showing they are having fun!



Downstairs is the café, operated by Grub Fresh Foods and we also have a space in our Test It Zone if you would like to take your own lunch with you. You can also use the cafe without paying entry to Aberdeen Science Centre



If we need to leave quickly, for example if the fire alarm sounds, a member of the Aberdeen Science Centre team will lead you out of the building through one of our fire exits which are clearly marked throughout the building.



If you would like to bring money with you, you can choose to spend it at our gift shop which is downstairs beside the reception.



We have a garden area that you can explore. You can access this from reception.



Throughout the day you will see lots of the Aberdeen Science Centre team in orange t-shirts. If you have any problems or questions please speak to one of us.



We hope you have a great time at Aberdeen Science Centre, and look forward to seeing you again soon.

[To book your next visit click here](#)

